



COVER STORY

Our New Office Grand Opening!

Celebrate with us, and tour our elegant new office June 30th
Register to win one of 6 door prizes & a \$4000+ grand prize
Meet our plastic surgeons
Receive event-only special pricing for spa treatments

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The Liquid Facelift

The NO SURGERY, NO DOWNTIME way to an immediately more youthful, refreshed look

WHAT IS A LIQUID FACELIFT?

A liquid facelift combines injectable fillers and wrinkle relaxers to diminish lines and restore more youthful contours to give the face a more rejuvenated look.

WHO IS A CANDIDATE?

Prior to treatment, many of our liquid facelift patients comment that they look more tired and aged than they feel. In part, this is because facial skin becomes less elastic and supple as we age. This leads to fine lines around the eyes, between the brows and along the forehead. In addition, the loss of facial fat typically creates hollowness beneath the eyes and the temples and makes the cheeks flatter. All of these factors contribute to sagging of the face and its features. If you are noticing any of these signs, and would like to improve them, you may be an excellent candidate for a liquid facelift.

WHAT IS THE DIFFERENCE BETWEEN A LIQUID FACELIFT AND A SURGICAL FACELIFT?

A liquid facelift improves wrinkles and volume loss via nonsurgical cosmetic injectables. With a surgical facelift, ACPS surgeons tighten the underlying muscles and remove excess skin to give the face and neck a smoother, lifted appearance and more ideal contours. In addition, they may incorporate fat grafting to restore fullness to hollow and flattened regions such as the cheeks and lower lids. A surgical facelift generally provides more extensive, long-lasting improvement. The right procedure for each person depends on factors such as the degree of skin laxity and wrinkles present and the level of rejuvenation that is desired. By assessing these details, our surgeons and nurses can give you their recommendations for your best options.

Virgie, before & after her liquid facelift



“I noticed a change immediately. I felt prettier and looked more refreshed. I was more confident talking to other people and felt that they were focused on what I was saying rather than thinking to themselves, “She looks old and tired.” I do a lot of presentations and networking, so this gave me confidence to perform at my best.”

-Virgie, ACPS liquid facelift patient

Virgie's Liquid Facelift Experience

I had such a tired look. I didn't like to be in public, and I didn't like people looking at me because, in my mind, I visualized myself the way I felt. I really wanted to change that,” said Virgie. After consulting with ACPS aesthetic nurse Heidi Fell to discuss nonsurgical options for aesthetic improvement, Virgie opted to progress slowly, adding different fillers over several months so the change would be gradual.

“We started with the lower lids, and that change alone was amazing,” said Virgie. “It made me feel more confident. I do a lot of networking, so this was powerful in helping me to feel more comfortable with public speaking.”

VIRGIE'S TREATMENT PLAN

Heidi Fell, RN, said, “When Virgie came to see me, we decided to first address the area that was her main concern: the hollowness under her eyes. This was achieved with a filler called Belotero, which I injected using a technique that minimizes any bruising or swelling. Botox was injected to soften the deep lines between her brows, around her eyes and along her forehead. This was strategically placed in a way that softened the lines, but she was still able to raise her brows instead of appearing frozen.

About a month later, we reassessed this area, and I added about half a syringe more to achieve the final look beneath her eyes. To improve her facial contours, I used Sculptra to add volume to her temples and to give more definition throughout her mid-to-lower face area. Sculptra works by stimulating... [Continued on page 5](#)

The ACPS Aesthetic Nurse Team

Our talented nurses specialize in cosmetic injectable treatments and nonsurgical/minimally-invasive procedures for the face & body



From left to right: Heidi Fell, RN, BSN; Kelli Nwuli, MSN, APRN, FNP-C; Christy Craig, RN, FNP; Bianca Morales, RN, BSN

ACPS's aesthetic nurses have extensive expertise in performing aesthetic treatments that achieve maximum rejuvenation with minimal to no downtime. Their meticulous skill in delivering natural-looking results has built them a large and loyal following of patients throughout Texas and surrounding states. Depending upon your goals and needs, our spa team of aesthetic nurses and estheticians will customize a treatment plan to help you attain the best results possible.

CELLULITE REDUCTION

Finally...a long-lasting solution!

We're excited to offer you Cellfina—a minimally-invasive and FDA-cleared procedure which improves cellulite dimples and bumps on the butt and thighs.

- A single treatment is sufficient for most patients and requires only about an hour to perform and minimal downtime. Our aesthetic nurses perform Cellfina treatments in our spa.
- Results can be seen in as little as three days and are clinically proven to improve cellulite appearance for three years.
- Cellfina targets the underlying structural cause of cellulite for long-lasting improvement
- Patient satisfaction was rated at 96% two years after treatment, according to one pivotal study.



Cellfina allows you to wear swimwear and shorts with greater confidence. Its proprietary technology releases the fibrous bands that cause dimples, giving you long-lasting smoothness.

Call us at 713.799.9999 to schedule your appointment with one of our aesthetic nurse specialists.

TREATMENT MENU | THE ACPS SPA & REJUVENATION CENTER

FOREVER YOUNG BBL: As the most powerful IPL (Intense Pulsed Light) device on the market, BBL restores your skin's glow and reflectivity by improving its overall tone and texture. Benefits include significant removal of discoloration, reduction in the appearance of fine lines and reduced pore size.

HALO BY SCITON: HALO, the world's first hybrid fractional laser, delivers the beautiful results of an ablative laser with the more minimal downtime of a non-ablative laser. In the past, you typically had to choose between great results and a lengthier recovery versus a treatment that offered minimal downtime but marginal results. But with our Halo laser, you can enjoy the benefits of both worlds. Halo combines revitalization of skin's deeper dermal layer with epidermal renewal, creating a combined synergistic effect that no other treatment can give you. Halo restores your skin's luminosity by improving the following: discoloration, sun damage, uneven skin tone, enlarged pores, poor texture, and the appearance of fine line and scars.

WRINKLE REDUCTION: Relax lines of expression (*crows' feet, lines between brows and forehead creases*) with Botox or Dysport: 2-area minimum. **WRINKLE FILLERS:** Soften fine lines and wrinkles, and restore facial volume.

SKIN PEN with PLATELET RICH PLASMA (PRP): Popularized in the media as a "Vampire Facial," this treatment combines two treatments—a platelet rich plasma (PRP) facial with SkinPen II microneedling to give you more flawless skin. By using your own plasma to rejuvenate your skin, PRP's growth factors help to stimulate new cells and the production of collagen.

SILHOUETTE INSTALIFT: Minimally-invasive suspension sutures provide immediate facial lifting and volumization.

CELLULITE REDUCTION: Reduce cellulite's appearance with Cellfina, the only FDA-approved treatment for cellulite.

NONSURGICAL FAT REDUCTION: Gently shrink love handles, muffin tops, bra-line flab and double chins with CoolSculpt; NO DOWNTIME is required.

NONSURGICAL SKIN TIGHTENING: Significantly improve skin laxity of the face, neck, arms, abdomen, thighs and knees with ThermiRF, Ulthera or SkinTyte.

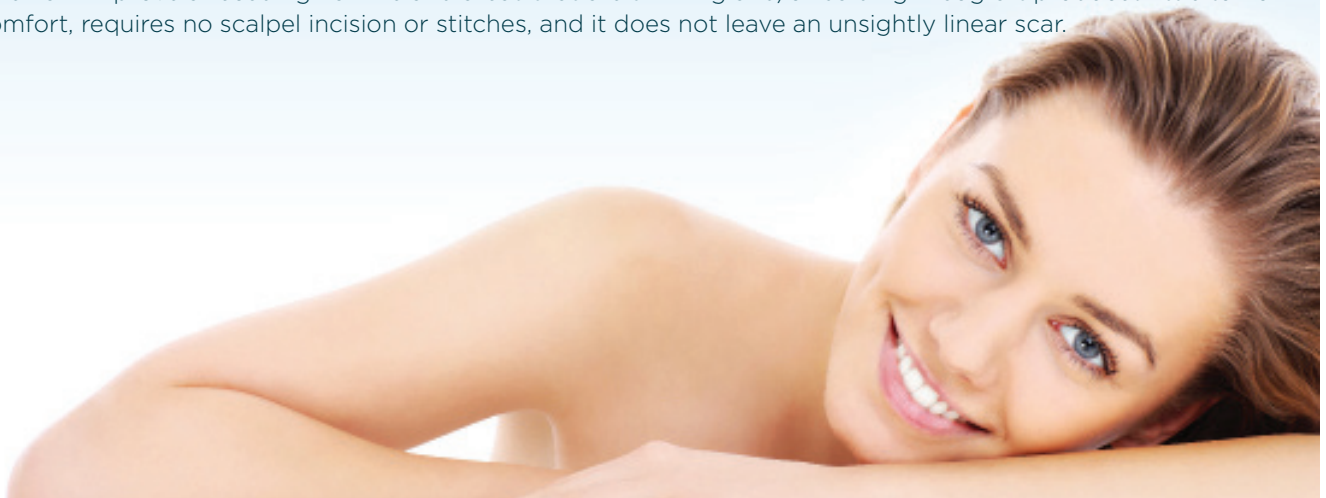
SKIN SMOOTHING: Tighten and smooth skin of the body and face with ThermiSmooth.

ULTIMATE FACIAL: Infini RF combines microneedling with radio frequency to improve skin laxity, wrinkles and acne scarring.

NONSURGICAL VAGINAL REJUVENATION: ThermiVa tightens external labial tissues and internal vaginal tissues.

HAIR REDUCTION LASER: Permanently reduce hair regrowth for smooth, stubble-free skin every day.

HAIR RESTORATION: NeoGraft uses a minimally-invasive, advanced technology to quickly, safely and effectively restore hair. Improve a receding hairline and areas that are thinning and/or balding. Neograft produces little to no discomfort, requires no scalpel incision or stitches, and it does not leave an unsightly linear scar.



Call us to schedule your appointment in our Spa & Rejuvenation Center: 713-799-9999.



From left to right: ACPS surgeons Dr. Henry Mentz, Dr. German Newall, Dr. Kristi Hustak and Dr. Paul Fortes



ACPS Fellow Dr. Olivier Deigni & surgeon Dr. Rolando Morales

ACPS surgeons further solidified their reputation as leaders in plastic surgery at the 2018 meeting of the American Society for Aesthetic Plastic Surgery (ASAPS) in New York City. They were invited to present their expertise on multiple-topics, including: liposuction safety, Brazilian Butt Lift surgery and body contouring strategies for better results. ACPS physicians are respected worldwide for their many contributions to advance the art, techniques and safety of plastic surgery.



An ongoing part of the ACPS mission is to share our safety protocols and surgical techniques with plastic surgeons in the United States and abroad. Dr. Chris Patronella was invited to present his True Form Approach to tummy tuck surgery to plastic surgeons in Panama City, Panama.

VIRGIE'S TREATMENT PLAN—continued from page 2

your skin's own natural collagen production to help restore its inner structure and increase facial volume that has been lost to aging. With Sculptra, we were able to address all of the areas of the face: I put Sculptra in her mid-to-lower face area, which help to lift it and pull it back. Placed into the cheeks, Sculptra helped to elevate that area and soften her smile lines. We did a total of three Sculptra treatments, spaced about six weeks apart.

"In addition, I put a bit of Voluma in the upper cheek area to give her a more lifted look. That brought more volume to the upper part of her face to give it a more lifted look. Virgie had some volume loss to the chin so I added some Botox there to soften the muscle." By relaxing this muscle, Botox can improve the chin's projection and shape.

MAINTAINING RESULTS

Heidi notes, "Each of the cosmetic injectables we used for Virgie lasts a different amount of time: Botox typically lasts three to four months, and Voluma duration is about two years. Sculptra generally lasts two years or longer. So you can maintain your results by touching up the areas that you notice need improvement as the product wears off.

Join Us For Our New Office **GRAND OPENING!**



Please celebrate with us as we unveil our gorgeous new office in the Galleria area...same building, new third floor suite.

When: Saturday, June 30 from 10 am - 4 pm

Where: 4400 Post Oak Parkway, Suite 300

Houston, TX 77027

Event Highlights:

- 6 prize giveaways total, announced every hour on the hour, and 1 Grand Prize. You must be present to win prizes. *See prizes below. **RSVP to info@acps.com to be entered into our grand opening.**
- Meet our surgeons and discuss our procedures in an informal setting. Our patient coordinators will be available to provide estimates for procedures.
- Special Event Pricing: 20% off all spa services and 10% off all skin care products. Offer applies to purchases made at the event only. Surgical procedures are excluded.
- Goody Bags will be given to each guest.
- Take a peek at our clinic rooms, minor surgery rooms and our 3,100 square foot spa, where we provide the latest state-of-the-art nonsurgical treatments.
- Visit with our vendors, and watch live demonstrations to learn about the benefits of our treatment options and skin care products.

FOLLOW US ON SOCIAL MEDIA



Please like and follow our Facebook & Instagram pages as we release more information and specific details about our Grand Opening Event!

Facebook: facebook.com/AestheticCenterforPlasticSurgery

Instagram: instagram.com/acps_plasticsurgery/



PRIZES

Grand Prize: Choose between either our Anti-Aging Package or Body Shaping Package:

Anti-Aging package* (\$4000 value): Botox/Dysport and injectable + Alastin Skin Care kit + Halo treatment + 4 SilkPeel treatments. *Based upon your skin type and its needs, any substitutions will be done at ACPS's discretion.

Body Shaping Package (\$4600 value): ThermiSmooth + hair reduction + 4 small or 2 large areas of CoolSculpting nonsurgical fat reduction

Door Prizes: MiraDry, CoolSculpt (1 small area), a SilkPeel, a Forever Young BBL treatment, a ThermiSmooth treatment, a Skin Pen with PRP treatment (commonly known as the Vampire Facial).

ACPS - The Spa & Rejuvenation Center





CALL 713.799.9999 TO
SCHEDULE A CONSULTATION



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