

Audrey Le

EDUCATION

- August 2016 – May 2020 Texas Tech University Health Sciences Center School of Medicine
- August 2011 – May 2015 Wesleyan University, Middletown CT
Bachelor of Arts in Neuroscience and Behavior

WORK/PROFESSIONAL EXPERIENCE

- 2020 – Present Integrated Plastic Surgery Resident
University of Kansas Medical Center, Kansas City, KS
- 2015 – 2016 JV Assistant Lacrosse Coach, Episcopal High School – Houston, TX
- 2015 – 2016 Waitress, Little Liberty – Houston, TX
- 2013 – 2015 Brand Ambassador, The Next Step Realty – New York, NY
- 2013 – 2015 Facilities Manager Assistant, Freeman Athletic Center
Wesleyan University, Middletown, CT
- 2012 – 2013 Biology Tutor/Peer Mentor, Wesleyan University – Middletown, CT

ORGANIZATIONS/VOLUNTEERING

- 2017 – 2020 TTUHSC Big Sibling Program
- Actively mentored an entry level medical student to ensure successful advancements through medical education.
- 2016 – 2020 TTUHSC Free Clinic, Lubbock Texas
- Participated during my first, second, and third year to diagnose and treat Lubbock residents with barriers to care.
- 2016 – 2020 TTUHSC School of Medicine Deans Ambassador
- Represent TTUHSC on behalf of the School of Medicine during interviews, ceremonies, and recruiting events.
- 2017 – 2019 Cupcakes for Clefts – Volunteer
- Relegated volunteers and supplies for medical charity to raise \$15k through four fundraising events.
 - Funds used to provide surgical care to children born with cleft lip and palate in Latin American countries
- 2016 – 2018 Mentors for Medicine
- Mentored undergraduate Texas Tech students interested in applying to medical school. Helped guide them through decision making and application process.
- 2016 – 2018 Medical Student Service Organization
- Bimonthly preparation of meals at Ronald McDonald House for UMC

- pediatric patients and their families.
- Distributed food items at the South Plains Food Bank and tutored at the Boys and Girls Club.

2016 – 2017

TTUHSC School of Medicine - High School Outreach

- Represented the school of medicine at local high schools to discuss the various admissions programs offered at Texas Tech.

2015 – 2016

Abandoned Little Angels – Mission Trip Volunteer

- Lead preparation for missions, including obtaining and organizing school supplies.
- Traveled overseas with mission team, visited schools and communities, worked with local directors to allocate resources.

2011 – 2014

Wesleyan University Varsity Lacrosse Team

- NESCAC (New England Small College Athletic Conference)
- Division III

LEADERSHIP

2021 – Present

Wellness Inspired Resident Educational Committee

University of Kansas Medical Center, Dept. Plastic Surgery

- Plan and facilitate non-didactic wellness curriculum alongside core curriculum, coordinate lectures with guest speakers (financial advisors, psychologists, visiting professors, etc.)
- Annual resident wellness retreat

2022 – Present

Resident Injectable Clinic – Committee Member

University of Kansas Medical Center, Dept. Plastic Surgery

- Coordinate quarterly clinics (neuromodulators, filler, or laser) with clinic staff, schedulers, and industry sponsors/programs

2016 – 2018

Medical Student Service Organization – *Secretary*, TTUHSC

- Engaged medical students in supporting the greater Lubbock community and ensured volunteer attendance.

2016 – 2018

Association of Women Surgeons – *Vice President*, TTUHSC

- Connected medical students with attending surgeons for mentorship in research and volunteer opportunities
- Lead fundraising initiatives to provide support to a local women's charity and fund two medical students to attend the AWS conference, San Diego 2017
- Organized a holiday meet and greet between club members and faculty

2016 – 2018

Plastic and Reconstructive Surgery Interest Group – *Treasurer*, TTUHSC

- Held monthly educational lectures (textbook discussions and current research lectures)
- Managed club funds, dues, and relevant paperwork.
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2016 – 2017

Lubbock City Lights – Sponsorship and Auction Committee

- Co-chair for the TTUHSC School of Medicine's largest annual gala
- Raise \$21,000 in sponsorship and auction from local and remote sponsors

- 2015 – 2016 Abandoned Little Angels – Charity Luncheon Co-chair
- Provided general office support (including social media)
 - Funds used to provide basic care and educational supplies to various orphanages and care clinics in throughout Vietnam.
- 2011 – 2014 Wesleyan Student Athletic Advisory Committee – *President*
- Lead initiatives with schools within the New England Small College Athletic Conference to promote NCAA ideals of sportsmanship, teamwork, and leadership.
 - Actively conducted student involvement in fundraisers and outreach activities engaging Wesleyan athletic teams with the greater Middletown area.
- 2011 – 2015 WesMinds – Vice President, Wesleyan University
- Participated in mental health panels and fundraisers to support The Minds Foundation projects and scholarship opportunities.
 - The Minds Foundation serves to reduce the mental illness stigma in rural India.

HONORS/AWARDS

- 2013 Magna Cum Laude Graduate - Wesleyan University, Middletown CT
- 2013 – 2014 Two-time NESCAC All-Academic Team - Wesleyan University, Middletown CT
- 2018 – 2014 Three-time University Dean’s List - Wesleyan University, Middletown CT
- 2018 Lubbock City Lights - Outstanding Volunteer/Civic Organization Award from the Texas South Plains Chapter of the American Red Cross.
- 2019 Alpha Omega Alpha – TTUHSC SOM chapter, Lubbock TX
- 2022 1st Place Oral Presentation Resident Research Forum

RESEARCH EXPERIENCE

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

- Sinik LM, Le A, Ehirim H, Collins MS. Optimizing Aesthetic Outcomes in Autologous Breast Reconstruction: 20 Pearls for Practice. *Plast Reconstr Surg Glob Open*. 2024 Apr 17;12(4):e5750. doi: 10.1097/GOX.0000000000005750. PMID: 38633507; PMCID: PMC11023604.
- Cox C, Bettiol P, Le A, MacKay BJ, Griswold J, McKee D. CO₂ laser resurfacing for burn and traumatic scars of the hand and upper extremity. *Scars Burn Heal*. 2022 Jan 5
- Ayala D, Dhanasekara CS, Thomas K, Tran V, Le A, Hand A, Alhaj Saleh A, Griswold J, Dissanaik S. Surgical management of advanced hidradenitis suppurativa via a one-stage procedure: A single-center experience. *Am J Surg*. 2020 Dec;220(6):1462-1466.
- Pillutla P, Le A, Thompson ME, Watkins P, Nagy L, Demke JC. Dose Comparison of Epsilon-Aminocaproic Acid to Reduce Blood Loss in Infants Undergoing Cranial Vault Reconstruction Surgery: A Retrospective Pilot Study. *J Clin Anesth*. 2020 Nov;66:109952.

PEER-REVIEWED JOURNAL ARTICLES (SUBMITTED)

- **Le A, Jehle CC**, “Comparison of waste production and resource utilization of wide-awake surgery across different surgical facility types”, Journal of Hand Surgery. June 2020.

BOOK CHAPTERS

- **Le A, Butterworth JA**, “The Operating Room. Plastic Surgery Boot Camp Instructional Supplement” 2022.
- **Jordan R, Le A, Surek C**, “The Art of Aesthetic Surgery 4E: Fillers” 2026. Submitted.

PRESENTATIONS

- **Le A, Jehle CC**, “Comparison of waste production and resource utilization of wide-awake surgery across different surgical facility types”. Poster presented at AAHS Nassau, Bahamas, January 9, 2024. First Place Presentation at 2023 University of Kansas PRS Resident Research Symposium.
- **Le A, Guest R, Sinik LM, Meyer AM, Bhavsar D, Butterworth JA**. Impact of Enhanced Readability of Discharge Instructions on Quality of Peri-operative Discharge Process. IRB approved Quality Improvement Project Data collection ongoing. 1st Place Presentation at 2023 University of Kansas Surgery Quality Initiative Competition. 2nd Place Presentation at 2023 University of Kansas PRS Resident Research Symposium
- **Le A, Farmer R**, “Optimizing Patient Education Through Media”, Oral presentation. 2024 University of Kansas PRS Resident Research Symposium
- **Le A, Cook E, Wakefield S, Spiegelberg J**. “Identifying Body Dysmorphic Disorder in Cosmetic Surgery Candidates: A Literature Review.” Presented at TSPP Annual Convention and CME Program Dallas, Texas, 10 November 2018.
- **Pillutla P, Le A, Thompson M, Samaniego K, Watkins P, Nagy L, Demke J**. “Reducing Blood Loss in Total Cranial Vault Reconstruction: Epsilon-Aminocaproic Acid Dosing in Pediatric Patients.” Poster presentation AAFPRS Dallas, Texas, 15 October 2018.
- **Le A, Effendi M, Aranke M, Bennett D, Demke J, Codero J**. “Aesthetic Preference Towards Deformational Plagiocephaly and Brachycephaly.” Presented at AAFPRS Dallas, Texas, 15 October 2018.
- **Le A, Nguyen D, Varman R, Idicula W**. “Acute Airway Obstruction Management in Scorpion Envenomation to Submandibular Region: A Case Report.” Poster presented at Texas Tech Student Research Week, Amarillo, Texas, 4 April 2018.
- **Aziz B, Le A, Shouja A, Patel D, Idicula W, Griswold J**. “Efficacy of adaptive support ventilation weaning in SICU and BICU patients: A literature review.” Poster presented at Texas Tech Student Research Week, Lubbock, Texas, 21 March 2018
- **Le A, Adams KK, Berry G, Khalid, Patterson P**. “Identifying and addressing the Issues of International Students Concerning Healthcare in America.” Poster presented at Texas Tech Student Research Week, Lubbock, Texas, 10 March 2017

IRB APPROVED PROJECTS

- **Le A, Meyer AM, Holding J**. “Upgrading Patient Education through Post Operative Instructions. A Longitudinal Assessment”
- **Guest R, Le A, Sinik LM, Meyer AM, Butterworth JA**. “Does improved readability of discharge instructions improve quality of peri-operative discharge process?”
- **Le A, Etebari C, Bowles E, Bhavsar D**. “The Use of Topical Tranexamic Acid versus Thrombin spray for the management of split thickness skin graft recipient site in burn management.