

ABIGAIL MARIE RODRIGUEZ, MD, FACS, FICS

LICENSURE & CERTIFICATION

2022 Diplomate of the American Board of Plastic Surgery
2020-present Texas Medical Board

MEDICAL PRACTICE

2021-present The Aesthetic Center for Plastic Surgery
Houston, TX

HOSPITAL PRIVILEGES

2020-present Memorial Hermann Memorial City Medical Center
2021-present HCA Houston Healthcare Tomball

EDUCATION

2020-2021 Aesthetic Center for Plastic Surgery
Aesthetic Surgery Fellowship (ASAPS endorsed)
Houston, TX

2014-2020 Texas A&M University Health Science Center College of Medicine - Scott & White
Plastic Surgery Residency (Integrated)
Temple, TX

2010-2014 Texas A&M University Health Science Center College of Medicine
Doctor of Medicine
Temple, TX

- Academic scholarships:
 - Texas A&M Health Science Center College of Medicine Scholarship
 - Texas A&M Health Science Center International Education Scholarship

2005-2009 University of Richmond
Bachelor of Arts – Leadership Studies, Latin American & Iberian Studies
Richmond, VA

- Academic scholarships:
 - University Scholar
 - National Hispanic Scholar
- Distinction: Magna Cum Laude

ACCOLADES

2025 Castle Connolly Top Doctor
2024 Castle Connolly Top Hispanic and Latino Doctor
2024 SuperDoctors Rising Stars
2024 Castle Connolly Top Doctor
2023 Newsweek: America's Best Plastic Surgeons - Breast Augmentation
2023 SuperDoctors Rising Stars
2022 SuperDoctors Rising Stars
2021 Best Paper by a Young Plastic Surgeon (Texas Society of Plastic Surgeons)

2020	Plastic Surgery In Service Exam Award (96 th percentile)
2020	Plastic Surgery Residency Humanitarian Award
2019	Plastic Surgery Residency Humanitarian Award
2018	Plastic Surgery Residency Humanitarian Award
2014	Outstanding VA Medical Student
2013	Gold Humanism Honor Society

SOCIETY MEMBERSHIPS

The Aesthetic Society
American Society of Plastic Surgeons
Houston Society of Plastic Surgeons
Texas Society of Plastic Surgeons
Texas Medical Association
American Medical Association

RESEARCH GRANT

- 2015 Cosmetic Surgery Foundation – Research Grant
- Surgical Scar Assessment: Clinical versus Photographic Analysis

PUBLICATIONS

Rodriguez AM, Savetsky IL, Cohen JM, Avashia YJ, Rohrich RJ, Rodriguez ED. Gender Considerations in Rhinoplasty. *Plast Reconstr Surg*. 2023;152(3):438e-445e.

Mentz H, **Rodriguez A**, Garlick J, Mentz J, Ogley S, Kumbla P. Bolster Equalization Suture Technique (BEST) Neck: Optimization of Skin Redraping Following Necklift Surgery. *Aesthetic Surgery Journal*. 2023;43(3):257-265.

Rohrich R, **Rodriguez A**, Savetsky I. (2021). The Consult: What to Know, What to Do, and When to Say “No.” In Rohrich R, Sinno S, Afrooz P (Eds.), *Masters of Cosmetic Surgery The Video Atlas: The Dallas Cosmetic Model*. Thieme. doi: 10.1055/b0000000369

Saint-Cyr M, **Rodriguez A**, Wong S. (2021). Lower Limb Reconstruction. In Farhadieh RD, Bulstrode NW, Mehrara BJ, Cugno S (Eds.), *Plastic Surgery: Principles & Practice* (pp. 651-665). Elsevier.

Shin H, **Rodriguez A**, Abraham J, Cargile J, Brown C, Altman A, Saint-Cyr M. Does ERAS benefit higher BMI patients? A single institutional review. *J Plast Reconstr Aesthet Surg*. 2020. DOI <https://doi.org/10.1016/j.bjps.2020.08.098>

Falola R, Shin H, **Rodriguez A**, Saint-Cyr M. Spear’s Surgery of the Breast: Principles and Art (4th edition): Tips and Tricks to Achieve Best Result in Autologous-Based Reconstruction: Shaping Flaps in Delayed vs Immediate Reconstruction. 2020. Philadelphia, PA. Lippincott Williams & Wilkins.

Rohrich RJ, **Rodriguez AM**. Millennial Leaders: Ready or Not, Here They Come. *Plast Reconstr Surg*. 2020;145(5):1331-1337.

Rohrich RJ, Savetsky IL, **Rodriguez AM**, Avashia YJ. Developing Consistency in Nasal Tip Shaping. *Plast Reconstr Surg Glob Open*. 2020;8(4):e2634.

Rodriguez A. Consult Corner: Rattlesnake envenomation of the hand: a potential surgical emergency. *Plastic Surgery Resident*. 2018;13:8-9,28,30.

Howarth AL, **Rodriguez AM**, Gargya V, Lucas HD, Mahabir RC. Larger Breast Implants Warranted for Post-Mastectomy Reconstruction. *Plast Aesthet Res*. 2017;4:215-218.

Goggin J, **Rodriguez A**, Czerwinski W. Fibrolipomatous Hamartoma of Nerve: Rare Presentation in Tuberous Sclerosis. Plastic Surgery Education Network: Hand/Peripheral Nerve 2017.

Rodriguez AM, Patel NA, Ver Halen JP, Czerwinski M. Nasal Septal Chondromyxoid Fibroma: A Case Report & Literature Review. *Open J Clin Med Case Rep*. 2016;2(7):1098.

Rodriguez A, Ho T, Verheyden C. International Programs in the Education of Residents: Benefits for the Resident and the Home Program. *J Craniofac Surg*. 2015;26(8):2283-2286.

PRESENTATIONS

- SEPT 2024 Board Prep Survival Guide. Texas Society of Plastic Surgeons 2024 Annual Meeting, San Antonio, TX.
- SEPT 2024 Hot Topics Panel – Moderator. Texas Society of Plastic Surgeons 2024 Annual Meeting, San Antonio, TX.
- DEC 2022 Hot Topics Panel – Moderator. Texas Society of Plastic Surgeons 2022 Annual Meeting, Austin, TX.
- AUG 2021 **Rodriguez A**, Garlick J, Patronella C, Pollock T. Progressive Tension Suture Placement Time in Abdominoplasty. Texas Society of Plastic Surgeons 2021 Annual Meeting, San Antonio, TX.
- MAY 2021 **Rodriguez A**, Garlick J, Patronella C, Mentz H, Fortes P. Safety Course in Body Contouring: Infection Control, DVT Prophylaxis, Tumescence Technique, Liposuction Limits. The Aesthetic Meeting 2021, Miami, FL.
- APR 2021 **Rodriguez A**, Garlick J, Patronella C, Pollock T. Progressive Tension Suture Placement Time in Abdominoplasty. The Aesthetic Meeting 2021 – Residents & Fellows’ Forum, Virtual.
- FEB 2021 **Rodriguez A**, Garlick J, Mentz H. The BEST (Bolster Equalization Suture Technique): Optimizing Skin Re-draping in a Necklift. American Brazilian Aesthetic Meeting, Park City, UT.
- NOV 2019 **Rodriguez A**, Altman A, Saint-Cyr M. When Do We Stop? Classifying Post-Reconstruction Breast Defects and Assessing Aesthetic Outcomes after Revision Surgery. Texas Society of Plastic Surgeons 2019 Annual Meeting, Galveston, TX.
- OCT 2019 Improving Plastic Surgery Operative Note Documentation to Fulfill CPT Coding Requirements. Baylor Scott & White – Quality Improvement Research, Temple, TX.
- SEPT 2019 **Rodriguez A**, Altman A, Saint-Cyr M. When Do We Stop? Classifying Post-Reconstruction Breast Defects and Assessing Aesthetic Outcomes after Revision Surgery. Plastic Surgery: The Meeting (American Society of Plastic Surgeons), San Diego CA.
- MAY 2019 **Rodriguez A**, Czerwinski M, Czerwinski W. Surgical Scar Assessment: Clinical versus Photographic Analysis. Baylor Scott & White – Central Texas Research Day, Temple, TX.
- OCT 2018 NSQIP Wound Disruption in the Division of Plastic Surgery. Baylor Scott & White – Quality Improvement Research, Temple, TX.
- SEPT 2018 **Rodriguez A**, Czerwinski M, Czerwinski W. Surgical Scar Assessment: Clinical versus Photographic Analysis. Plastic Surgery: The Meeting (American Society of Plastic Surgeons), Chicago, IL.
- APR 2018 **Rodriguez A**, Czerwinski M, Czerwinski W. Surgical Scar Assessment: Clinical versus Photographic Analysis. Baylor Scott & White – Central Texas Research Day, Temple, TX.
- FEB 2018 **Rodriguez A**, Czerwinski M, Czerwinski W. Surgical Scar Assessment: Clinical versus Photographic Analysis. American Academy of Cosmetic Surgery 2018 Annual Scientific Meeting, Las Vegas, NV.
- JAN 2018 Hindquarter Amputation Defect Reconstruction. Baylor Scott & White – Visiting Professor Conference, Temple, TX.

MAY 2015 Nasal Septal Chondromyxoid Fibroma. Baylor Scott & White – Visiting Professor Conference, Temple, TX.

OTHER RESEARCH

- MAR 2023 Mentz H, **Rodriguez A**. Bolster Equalization Suture Technique (BEST): Optimization of Skin Redraping Following Necklift Surgery. Aesthetic Surgery Journal: ASJ Journal Club.
- Presented by Henry Mentz MD
- OCT 2020 Blough JT, **Rodriguez AM**, Altman A, Saint-Cyr M. Pre-Expanded Autologous Reconstruction (PEAR): Enhancing the Sequence for Breast Reconstruction. Central Texas Scholars Day – Baylor Scott & White, Temple TX.
- Presented by Jordan Blough MD
- OCT 2020 Lombana NL, Rodriguez-Unda N, Abraham J, **Rodriguez AM**, Saint-Cyr M. Decreasing Opioid Use in Immediate Tissue Expander Based Breast Reconstruction: A Pilot Enhanced Recovery After Surgery (ERAS) Protocol. Central Texas Scholars Day – Baylor Scott & White, Temple, TX.
- Presented by Nicholas Lombana MD
- MAY 2020 Blough JT, **Rodriguez AM**, Altman A, Saint-Cyr M. Pre-Expanded Autologous Reconstruction (PEAR): Enhancing the Sequence for Breast Reconstruction. Central Texas Scholars Day – Baylor Scott & White, Temple TX.
- Presented by Jordan Blough MD
- MAY 2020 Lombana NL, Rodriguez-Unda N, Abraham J, **Rodriguez AM**, Saint-Cyr M. Decreasing Opioid Use in Immediate Tissue Expander Based Breast Reconstruction: A Pilot Enhanced Recovery After Surgery (ERAS) Protocol. Central Texas Scholars Day – Baylor Scott & White, Temple, TX.
- Presented by Nicholas Lombana MD
- APR 2020 **Rodriguez A**, Altman A, Saint-Cyr M. When Do We Stop? Classifying Post-Reconstruction Breast Defects and Assessing Aesthetic Outcomes after Revision Surgery.
- Accepted for presentation at The Aesthetic Meeting 2020 - cancelled due to COVID-19
- MAY 2019 Abraham J, **Rodriguez A**, Webster N, Saint-Cyr M. Transverse Abdominis Plane Blocks in Breast Reconstruction with Abdominally Based Free Flaps. 15th Annual Department of Surgery Resident Research Day – Baylor Scott & White, Temple, TX.
- Presented by Jasson Abraham MD
- MAY 2019 Abraham J, **Rodriguez A**, Webster N, Saint-Cyr M. Transverse Abdominis Plane Blocks in Breast Reconstruction with Abdominally Based Free Flaps. Central Texas Scholars Day – Baylor Scott & White, Temple, TX.
- Presented by Jasson Abraham MD
- FEB 2019 Shin H, Abraham J, **Rodriguez A**, Cargile J, Brown C, Altman A, Saint-Cyr M. Impact of BMI on Length of Stay and Complications in ERAS Abdominal Based Free Flaps for Breast Reconstruction. American Society of Reconstructive Microsurgery Annual Meeting, Palm Springs CA.
- Presented by Hope Shin MD
- SEPT 2018 Abraham J, **Rodriguez A**, Webster N, Saint-Cyr M. Transverse Abdominis Plane Blocks in Breast Reconstruction with Abdominally Based Free Flaps. Texas Society of Plastic Surgeons 2018 Annual Meeting, San Antonio, TX.
- Presented by Jasson Abraham MD

- SEPT 2018 Abraham J, **Rodriguez A**, Webster N, Saint-Cyr M. Transverse Abdominis Plane Blocks in Breast Reconstruction with Abdominally Based Free Flaps. Plastic Surgery: The Meeting (American Society of Plastic Surgeons), Chicago, IL.
- Presented by Jasson Abraham MD

LEADERSHIP & VOLUNTEERISM

- JUNE 2018-2019 Representative for Residency Education
Baylor Scott & White Plastic Surgery Residency, Temple, TX
- JAN 2018-2020 Resident Liaison
American Society of Plastic Surgeons/Plastic Surgery Foundation Resident Council
- JULY 2011-2012 Vice-President & Co-Founder
Holistic Medical Society, Bryan, TX
- JUNE-JULY 2011 Volunteer & Researcher – Chagas Disease in Rural Ecuador
Ohio University: Tropical Disease Institute, Ecuador
- MAR 2011-2012 Community and Environmental Health Action Chair
American Medical Student Association, Bryan, TX
- JAN 2011-2012 Delegate
American Medical Association & Texas Medical Association, College Station, TX
- SEPT 2010-2011 Race, Ethnicity, and Culture in Health Action Chair
American Medical Student Association, Bryan, TX

INTERESTS

Volunteer work with victims of domestic violence and sexual abuse
Mentorship of aspiring plastic surgeons
International travel