

ACPS is
growing!
ACPS expands
to a 3rd location in Katy, Texas

MEET
ACPS's 1st Female Plastic Surgeon:
Dr. Kristi L. Hustak
*She's brilliant, beautiful, and
brings a uniquely feminine
perspective to the group*

KUDOS!
ACPS NEWS
Our surgeons named
TOP DOCTORS
in plastic surgery

SPOTLIGHT on EXCELLENCE
THE MANN EYE INSTITUTE
& LASER CENTER



DREAM. BECOME. BELIEVE IN WHAT'S POSSIBLE.

2014
FALL NEWSLETTER
713.799.9999

ACPS The Aesthetic Center
for Plastic Surgery

www.mybeautifulbody.com

ACPS is *growing!*



"ACPS Surgeons (from left to right) Dr. Kristi L. Hustak, Dr. Rolando Morales, and Dr. Paul Fortes will meet with patients at ACPS's newest office, located in Katy, Texas."

We are delighted to bring the same hallmarks that built our reputation for excellence—innovative methods, exceptional aesthetic results, and unrivaled comprehensive care at every stage of the surgical experience—to a third office, located in Katy, Texas—one of the fastest growing areas in the nation. ACPS's newest plastic surgeon, Dr. Kristi Hustak will join Drs. Paul Fortes and Rolando Morales in seeing patients at this location.

Since its establishment in 1996 by plastic surgeons Drs. Chris Patronella, Henry Mentz, and German Newall, ACPS has risen to become one of the largest private cosmetic plastic surgery groups in Texas and one of the most respected in the nation.

Dr. Morales, who joined the group two years ago, said the expansion is a natural step forward for the practice—the one that most impressed him as a young plastic surgery resident in training. "ACPS was even better than I expected. I could see their innovation, and my goal was to to further expand the group's presence as the gold standard of excellence in aesthetic surgery throughout Houston. The founding partners have built a tremendous foundation—we have an amazing reputation and a great practice. Building upon that is just a matter of execution."

"The founding partners have built a tremendous foundation—we have an amazing reputation and a great practice. Building upon that is just a matter of execution."

Dr. Rolando Morales

Visit us at one of our three locations:

GALLERIA/ RIVER OAKS

4400 Post Oak Parkway . Suite 2260
Houston, Texas 77027 . 713.799.9999

KATY

750 Westgreen Boulevard . Suite 100
Katy, Texas 77450 . 713.799.9999

MEMORIAL / TOWN AND COUNTRY

12727 Kimberley Lane . Suite 300
Houston, Texas 77024 . 713.799.9999



ACPS's Katy office is within the Mann Eye Institute building

Dr. Kristi L. Hustak

To learn more about Dr. Hustak and the broad spectrum of cosmetic plastic surgery procedures she performs, please visit our website at www.mybeautifulbody.com. To schedule your consultation with Dr. Hustak, call our office at 713.799.9999.



By Sherri Roberts

ACPS welcomes its first female plastic surgeon: Dr. Kristi L. Hustak

She's brilliant, beautiful, and brings a uniquely feminine perspective to the group

As someone who came from a family of artists, it's not surprising that Dr. Kristi L. Hustak inherited the creative expression and artistry which characterize her approach to cosmetic plastic surgery. Born on an Apache Indian reservation in Arizona, Dr. Hustak, who is one-eighth Apache Indian, developed manual dexterity at a young age while beading Native American jewelry and selling it at her grandmother's trading post on the reservation.

It was at the age of 14 that her fascination with her future profession was first sparked, while accompanying her mother—a surgical first assistant to an aesthetic plastic surgeon for more than 15 years—to work. There, the teen observed her first plastic surgery—an abdominoplasty with liposuction—bringing to vivid, breathing life the anatomy books in which she'd carefully colored while growing up. In addition to her mother's influence, Dr. Hustak credits her father, a proud Mexican-American businessman, for instilling within her the drive and determination she needed to reach the ambitious goals she achieved in the years that followed.

Dr. Hustak and her patient coordinator Soledad Muñiz will meet with patients at ACPS's Katy and Memorial/Town & Country office locations.

In high school, her desire to go into medicine grew stronger, and eventually she realized her dream to attend medical school at Ohio State University, graduating Magna Cum Laude. Dr. Hustak went on to earn a spot within the highly competitive integrated plastic surgery program at the University of Texas Medical Branch (UTMB) in Galveston, Texas, where she won, among other awards, the 2013 UTMB Outstanding Plastic Surgery Resident of the Year—an honor her peers bestowed upon her—and the UTMB 2014 Outstanding Resident Leadership Award. The accolades reflected her commitment to excellence and passion for her chosen profession.

"I love the variety and creativity inherent in plastic surgery—no two cases are alike. Every patient case presents the opportunity to be innovative—to rejuvenate, enhance or improve an area and make it better. It's a wonderful challenge." **Dr. Kristi L. Hustak**

In addition to performing a wide spectrum of plastic and reconstructive procedures, Dr. Hustak has a specific interest in female cosmetic surgery, including female genital rejuvenation—one of the fastest growing cosmetic surgical procedures in the nation. Depending upon a woman's needs and goals, Dr. Hustak, customizes the procedure to improve the aesthetic form and function of this area, which is often not the same for many women after childbirth. Most of these procedures do not require general anesthesia, and patients can go home the same day.

As a mother of two who is married to her best friend, Erik, an anesthesiologist who specializes in cancer pain management, Dr. Hustak acutely understands the physical and emotional aspects of being a woman, allowing her to bring empathy along with expertise to her role.

"Not only do I know what they may be going through, I have likely gone through the same things, and I'm trained in the most current techniques to treat their aesthetic concerns," commented Dr. Hustak.

"For me, it was the changes to my body peripartum, the roller coaster of emotions that go along with this, and the same diet and exercise woes so many of us experience to reclaim our bodies after all the changes. Being able to walk in another's shoes is something that often can't be replaced. Because of this, I think my approach is different, almost more gentle and understanding in a way."

...about Dr. Kristi L. Hustak

One-eighth Apache Indian, Dr. Hustak returns yearly to visit her grandparents on the Apache Indian reservation in Whitewater, Arizona where she was born and they continue to live.

The beading of Native American jewelry is just one of the skills Dr. Hustak's tribe is known for. Says the surgeon, "I still dabble in it occasionally; when I can't find the perfect necklace to match my outfit, I just make one!"

Dr. Hustak's passion for excellence in plastic surgery is evident in the many awards she garnered during the 6-year rigorous and competitive integrated plastic surgery program she completed at UTMB in Galveston.

In addition to the previously mentioned accolades, in 2014 she won the Golden Scalpel Outstanding Surgical Resident of the Year award and she was a nominee for the Overall Outstanding UTMB Resident of the Year—an honor given to only a few out of 500 residents.

Dr. Hustak's accomplishments are particularly notable when you factor in the two pregnancies and births with which she and her physician husband were blessed during residency—a Superwoman-like feat that surely rivals any other on her resume.

FUN FACTS



Dr. Kristi Hustak, with her husband Erik, a physician and pain medicine specialist, and her two children.

ACPS Surgeons Named Top Doctors in Plastic Surgery

Surgeons at The Aesthetic Center for Plastic Surgery (ACPS) are among Houston's top doctors in plastic surgery, according to the results of H Texas magazine's 2014 Top Doc poll. Five of ACPS's surgeons received the prestigious award, which they've earned for multiple years in a row: Dr. Henry Mentz, Dr. Christopher Patronella, Dr. Germán Newall, Dr. Paul Fortes, and Dr. Rolando Morales. The much anticipated "Top Doc" annual survey features some of Houston's most respected physicians across numerous medical specialties, and the results are based upon the votes of Houstonians and individuals in surrounding cities.



The Aesthetic Meeting 2014 San Francisco

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Registration Begins December 2013



KUDOS! ACPS

Dr. Morales PRESENTS ACPS Surgeons' T

Innovations in technology, safety, and plastic surgery techniques took the spotlight at the American Society for Aesthetic Plastic Surgery (ASAPS) 2014 national meeting in San Francisco. Surgeons at The Aesthetic Center for Plastic Surgery (ACPS) were honored with invitations to present their groundbreaking techniques and research at the conference, which drew plastic surgeons from across the globe.

ACPS surgeon Dr. Rolando Morales has quickly risen to prominence in his industry for his nationally published research and the numerous invitations he's received to speak and serve on national plastic surgery committees. As one of the select few chosen to present his body contouring safety research at the popular Hot Topics session at the meeting, his talk was one of four singled out of 45 Hot Topics to be re-presented at the Best of Hot Topics forum.

In addition, Dr. Morales' scientific abstracts, chosen for display in the Scientific Exhibits portion of the conference, received a strong reception. One of these posters featured the highlights of his Hot Topics subject, while the other compared the best methods to reduce patients' postoperative discomfort following breast augmentation surgery.



DR. GERMÁN NEWALL

It's been a year of multiple television appearances for ACPS surgeon Dr. Germán Newall. **ABC News** interviewed Dr. Newall, who is a Brazilian Butt Lift and body contouring specialist, and two of his patients for a special report on the rising popularity of Brazilian Butt Lift surgery—a procedure in which ACPS surgeons improve the shape and size of the buttocks through fat grafting. Noting the impact on former patients, Dr. Newall said, "Their personality changes; they are back to their whole selves or even better. They feel pretty again—they feel sexy."

Television network Telemundo spotlighted Dr. Newall as a sculptor of beauty in a news segment about breast augmentation surgery, a procedure in which the breasts are given a fuller, shapelier contour. In addition, Dr. Newall was the special guest expert on the morning program "**Vive la Mañana**," where he was interviewed about tummy tuck surgery.



DR. CHRISTOPHER PATRONELLA

ACPS surgeon Dr. Christopher Patronella was invited to be a visiting professor at The University of Texas Medical Branch in Galveston, Texas, where he presented his innovative tummy tuck method, The True Form Tummy Tuck®, to medical students in the plastic surgery program. In addition, Dr. Patronella was invited to speak about the True Form Tummy Tuck at the University of Texas Health Science Center in Houston for the special forum, UT Plastic Surgery Ground Rounds.

In the presentations, Dr. Patronella shared the numerous artistic details he incorporates in a tummy tuck procedure to create an authentically attractive, elegant abdominal appearance, a combination of techniques he's perfected over a 14-year period through more than 1002 tummy tuck procedures.



S NEWS

' TRAILBLAZING TECHNIQUES and RESEARCH AT NATIONAL Plastic Surgery CONFERENCE

"It was an honor to represent ACPS, and I will relentlessly continue the dedication to innovation, safety, and pursuit of excellence in plastic surgery," said Dr. Morales.

In addition to commanding the stage at the ASAPS conference, Dr. Morales has been chosen for several committees within the national plastic surgery societies including:

Young Plastic Surgeons Steering Committee of the American Society of Plastic Surgeons: 2013-present

American Society of Plastic Surgeons:
Emerging Trends Committee: 2013-present

American Society of Plastic Surgeons:
Hot Topics Committee: 2013-present

American Surgery and Education Research (ASERF):
Innovative Procedures Committee: 2013-present

Dr. Morales was joined at the conference by ACPS founding partners Drs. Henry Mentz, Christopher Patronella, and Germán Newall, who further sharpened their expertise through the numerous courses presented at the meeting.



ACPS surgeon Dr. Paul Fortes was featured on the front cover of Living Magazine (Fort Bend edition) for an article which spotlighted his artistic eye and considerable surgical expertise. While mommy makeover surgery is one of the most common procedure combinations he performs, Dr. Fortes noted the growing array of nonsurgical and minor procedure options he offers which produce fabulous results at a fraction of the cost and recovery time of surgical treatments.

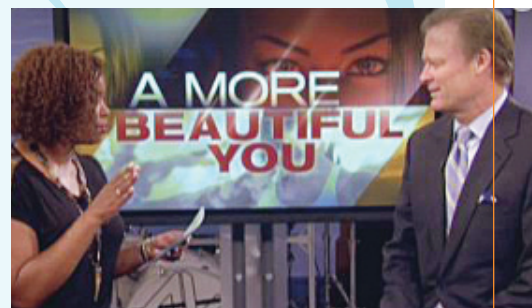
"From simple liposuction under the chin to removing excess skin on the eyelid, we can perform procedures in-office which not only allows patients to recover more quickly but translates to a tremendous economic advantage over having surgery done in an operating room," said Dr. Fortes.



DR. HENRY MENTZ

Dr. Mentz was honored to once again present a course on 3-D body contouring to plastic surgeons at the American Society for Aesthetic Plastic Surgery (ASAPS) 2014 national conference, an invitation he's received for several years in a row from ASAPS leaders. The course highlights ACPS's Brazilian Butt Lift fat grafting technique and Abdominal Etching®, the specialized liposuction method Dr. Mentz developed for individuals who want the athletic 6-pack abs look.

In other news, Dr. Mentz was a special guest on the television program "Great Day Houston" with host Deborah Duncan for the news feature, "Don't Get Botched." Dr. Mentz shared tips to avoid cosmetic plastic surgery safety pitfalls as well as advancements in some of the most popular procedures. Speaking about eyelid surgery to improve under-eye bags and drooping lids, Dr. Mentz said, "We're leaving more fat around the eyes and leaving the eyes softer, so the results are much more natural and less hollow."



The Added Touch Medical Spa

corner

By Beverly Poulton, Manager of The ACPS Medical Spa

*The Added Touch Spa Team is dedicated to providing you with the best products and nonsurgical treatments available to help you **attain and maintain a fresh, youthful look for every day** and special occasions. Call us today at 713.799.9999 to schedule your appointment with one of our friendly, knowledgeable specialists.*

As part of ACPS's commitment to providing patients with the best skin care and nonsurgical treatment options available, all six members of the Added Touch Medical Spa attended the 2014 Society of Plastic Surgical Skin Care Specialists' conference in San Francisco.

In addition to listening to presentations about the latest advancements in skin care and nonsurgical treatments, we enjoyed the opportunity to network with staff members from all around the nation and world, catching up with old friends and meeting new ones.

One of the best subjects we learned more about was related to maximizing patients' results and satisfaction with CoolSculpting®, a nonsurgical fat reduction treatment that is approved by the Food and Drug Administration (FDA). The presentation, "Treatment to Transformation," focused on customizing CoolSculpting treatments to each patient's shape, needs, and goals in order to achieve the greatest transformation possible.

In other exciting CoolSculpting news, the FDA has recently cleared the new CoolSculpting applicator as the first and only nonsurgical solution clinically proven and designed to reduce fat in the outer thighs. This revolutionary applicator enables our highly-trained specialists to successfully treat suborn, unwanted outer thigh fat.

In addition to the outer thighs, love handles, muffin tops, the inner thighs, and the bra line are some of the other most common stubborn fat zones our patients choose to target through CoolSculpting. If you desire shape improvement with no downtime, give our knowledgeable, friendly medical spa team a call to schedule a consultation: discover if CoolSculpting might be the perfect fit for you!



did you KNOW

CoolSculpting uses controlled cooling to eliminate stubborn fat that is resistant to diet and exercise. Good candidates are those who have noticeable bulges in certain areas they'd like to get rid of.

Because ACPS has not one but TWO CoolSculpting machines at our Post Oak office location, our CoolSculpting specialists are able to treat twice as many areas in a single appointment—a time-saving benefit our patients greatly appreciate! All CoolSculpting treatments take place at our Post Oak office location.

FALL NEWSLETTER : 2014

ACPS is pleased to announce that its third and newest office is located within the Mann Eye Institute building in Katy, Texas. Like ACPS, the Mann Eye Institute and Laser Center has built a solid reputation for providing excellent results and customer service.

In this interview with Joan Wahlman, marketing director for the Mann Eye Institute, she discusses the philosophy of excellence behind her group's phenomenal success as a leader in vision correction.

SPOTLIGHT on EXCELLENCE

*Mann Eye Institute
and Laser Center*

ACPS: We at ACPS are excited to offer our patients the convenience of a third office location that is within the same building as a company that shares a similar commitment to providing outstanding patient care, results, and advanced surgical expertise. What are your thoughts about this?

Joan: At Mann Eye Institute we believe that developing relationships and working in partnership with other specialty medical services enhances the scope of care we can offer our patients and is just good medicine. We work in consultation with retina, glaucoma, corneal, and now plastic (surgery) specialists, well known in their respective fields for their patient care and expertise. As our community continues to grow, providing access to convenient locations for quality healthcare services has become more and more important to our patients and their families. We welcome the opportunity to work together to offer expanded services to the Katy community.

ACPS: As a provider of vision correction services, what sets the Mann Eye Institute and Laser Center apart in its industry?

Joan: It is definitely our level of patient care. We are committed to offering every patient a personalized experience coupled with our dedicated team of skilled professionals and advanced surgical expertise. This foundation has merited our practice a reputation for excellence in eye care throughout greater Houston and Austin.

ACPS: After achieving their aesthetic goals through the surgical and/or nonsurgical cosmetic procedures ACPS provides, our patients often experience a boost in confidence and self-image that translates positively to other areas of their lives. What are some of the benefits patients at the Mann Eye Institute appreciate the most about their treatment experience both physically and psychologically?

At Mann Eye Institute, we understand that the quality of a patient's life depends on good eyesight. Our patients are most grateful for returning clarity of vision to their daily activities, whether it's reduced dependency on glasses and contact lenses through surgery or bringing relief for medical conditions that interfere with good vision through specialized, state-of-the-art procedures and treatments.

Q: When did the Mann Eye Institute begin and how has it grown to fulfill Dr. Mike Mann's original vision?

Dr. Mike Mann opened his first location in Humble, Texas over 35 years ago. His passion and commitment to ophthalmology has sustained his life long vision of bringing the very best in eye care to Southeast Texas. It was a proud moment for him when his son, Dr. Paul Mann, joined the practice. Together with a team of select surgeons, optometrists and technical staff, the practice has grown as population demand for quality eye care services throughout the greater Houston and Austin communities has increased. Today, we have a total of nine full service eye care clinics, four LASIK centers and three ambulatory surgery centers covering Houston, Austin, The Woodlands, Katy, Sugar Land, Humble, Spring and Cleveland, TX.

GALLERIA/ RIVER OAKS

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