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The Aesthetic Center for Plastic Surgery Reports More Mothers Electing to have Mommy Makeovers

Combination of procedures can return moms to the way they looked before pregnancy

HOUSTON, April 2, 2008 – Mother’s Day is traditionally set aside to recognize and celebrate the sacrifices moms make to raise their families. However, one of the biggest sacrifices of motherhood – the physical trauma of pregnancy and the resulting toll it takes on a woman’s body – often is overlooked.

Now, mothers who feel self-conscious or resentful about their appearance are exploring exciting new surgical options to reverse the effects of childbearing. The Aesthetic Center for Plastic Surgery (www.mybeautifulbody.com) has introduced the “mommy makeover.” It is a combination of procedures that return a mother’s body to how she looked prior to pregnancy.

Every mommy makeover is tailored to the unique needs of each woman, but the combination of procedures typically includes a breast lift, breast augmentation, abdominoplasty (tummy tuck) and liposuction.

“This is a gift that more and more mothers are considering giving themselves for Mother’s Day,” said German Newall, M.D., FACS, FICS of the Aesthetic Center for Plastic Surgery. “Motherhood is beautiful, but some moms have grown frustrated with saggy, stretched skin and post-pregnancy fat that they can’t exercise away, and they are excited about the mommy makeover.”

According to the American Society of Plastic Surgeons the mommy makeover procedures, including breast lift, breast augmentation, tummy tuck and liposuction, are among the top five cosmetic surgical procedures for women between the ages of 20 and 39. A mommy makeover can minimize stretch marks and return tummies and breasts to the way they looked before pregnancy.

Of course, plastic surgery is not right for all moms, so The Aesthetic Center for Plastic Surgery offers an array of beauty and spa services designed to make moms feel youthful, sexy and self-confident. These include microdermabrasion, Restylane[®], Botox[®], chemical peels, therapeutic massage as well as physician recommended products to use at home. These products and services prepare patients for surgery, maintain their new look after surgery, or just keep them looking and feeling their best.

More information is available at www.mybeautifulbody.com or by calling 713-799-9999.

About the Aesthetic Center for Plastic Surgery

The Aesthetic Center for Plastic Surgery was founded in 1996 by Dr. Christopher K. Patronella, Dr. Henry A. Mentz, III, and Dr. German Newall. Today, ACPS has seven surgeons and a highly trained and professional staff that works with thousands of patients each year to achieve their appearance goals. ACPS also features the Center for Clinical Research and Plastic Surgery Education to educate, evaluate and offer the latest and safest techniques in aesthetic plastic surgery. For more information, to make an appointment or arrange a complimentary consultation, visit www.mybeautifulbody.com or call (713) 799-9999.

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