



**Contact:** Dan Keeney, APR  
DPK Public Relations  
832-467-2904  
[dan@dpkpr.com](mailto:dan@dpkpr.com)

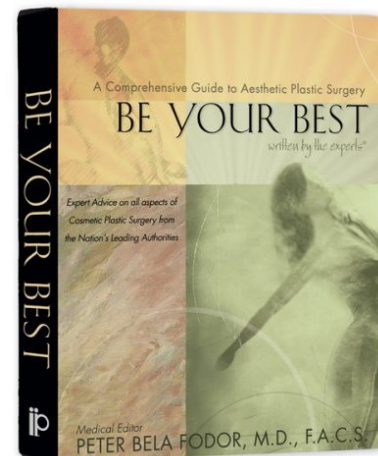
## **Plastic Surgeons with The Aesthetic Center for Plastic Surgery Help to Empower Patients**

*Serve as contributing experts for book to educate patients, “Be Your Best, a Comprehensive Guide to Aesthetic Plastic Surgery”*

**HOUSTON, Feb. 28, 2008** – Plastic surgery patients are demanding more answers and information than ever, and that’s a good thing. The surgeons of The Aesthetic Center for Plastic Surgery ([www.mybeautifulbody.com](http://www.mybeautifulbody.com)) are encouraging patients to learn all they can, which is why they participated in the development of the book, “Be Your Best, a Comprehensive Guide to Aesthetic Plastic Surgery.”

ACPS surgeons Christopher Patronella, M.D., FACS, FICS, Henry Mentz, M.D., FACS, FICS, German Newall, M.D., FACS, FICS, and Amado Ruiz-Razura, M.D., FACS, FICS, served as contributing plastic surgery experts for the book. All are members of the American Society for Aesthetic Plastic Surgery, the world’s foremost organization for cosmetic plastic surgery.

“Be Your Best,” is written for intelligent consumers who are interested in gaining a deep understanding of the procedure they are considering.



“The book is a perfect complement to a personal consultation, emphasizing consumer education and patient safety,” said Dr. Mentz. “It uses full-color illustrations to help readers visualize the process of some of the more common techniques and treatments so they can make educated decisions, which is the first step in assuring a positive outcome.”

Peter Bela Fodor, M.D., FACS, served as the medical editor and Rex Oppenheimer was the coordinating author. All the surgeons who contributed to “Be Your Best” are American Board of Plastic Surgery certified and are trained in both aesthetic and reconstructive surgery. The comprehensive training that enables plastic surgeons to perform complex reconstructive procedures helps to refine the skills in aesthetic surgery.

“Be Your Best,” published by Insight International Press, is available at ACPS, 12727 Kimberley, suite 300, in Houston. More information is available at [www.mybeautifulbody.com](http://www.mybeautifulbody.com) or by calling 713-799-9999.

**About the Aesthetic Center for Plastic Surgery**

The Aesthetic Center for Plastic Surgery was founded in 1996 by Dr. Christopher K. Patronella, Dr. Henry A. Mentz, III, and Dr. German Newall. Today, ACPS has seven surgeons and a highly trained and professional staff that works with thousands of patients each year to achieve their appearance goals. ACPS also features the Center for Clinical Research and Plastic Surgery Education to educate, evaluate and offer the latest and safest techniques in aesthetic plastic surgery. For more information, an appointment or a complimentary consultation, visit [www.mybeautifulbody.com](http://www.mybeautifulbody.com) or call (713) 799-9999.

###