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Henry A. Mentz, MD, FACS, FICS

“A keen aesthetic sense and devotion to detail are paramount in every procedure.”

Perennial “Top Doc” and Super Doc,” Dr. Henry Mentz has dedicated the last 20 years of his career in medicine to the art and science of aesthetic plastic surgery. He has more than 150 publications and presentations to his credit and is America’s first triple-boarded plastic surgeon. Recognized as an authority in facial rejuvenation and specialist in body and breast refinement, Dr. Mentz’s innovations include improved facelift techniques, abdominal etching, more comfortable tummy tucks, safer liposuction and special breast augmentation techniques.

Dr. Mentz is a founder and partner of The Aesthetic Center for Plastic Surgery, one of the largest private plastic surgery teams in the country specializing in aesthetic surgery. His distinguished credentials in facial rejuvenation with special interest in body contouring have proven his commitment and enthusiasm for the specialty of plastic surgery. Recognizing his expertise and experience in the field of cosmetic surgery, he has been chosen for membership in all of the esteemed plastic surgery organizations (ASPRS, ASAPS, FICS, FACS, AAFPRS).

Dr. Mentz has been invited to provide expert insight in both print and broadcast media locally and nationally, including The Aesthetic Plastic Surgery Journal, Plastic and Reconstructive Surgery, Plastic Surgery News, Plastic Surgery Products, Longevity Magazine, Beauty Magazine and Health and Fitness Magazine.

Dr. Mentz occasionally travels with a team to deliver surgical services to underprivileged children in Mexico, Latin America and South America born with Cleft lips and palates. He and his staff support several medical missions locally and internationally.

Board Certifications

- The American Board of Plastic Surgery
- The American Board of Facial Plastic and Reconstructive Surgery
- The American Board of Otolaryngology - Head and Neck Surgery

Professional Organizations

- American Society of Plastic Surgeons (ASPS)
- American Society for Aesthetic Plastic Surgeons (ASAPS)
- International Society of Aesthetic Plastic Surgeons (ISAPS)

- American Society of Facial Plastic and Reconstructive Surgery (ASFPRS-past member)
- Lipoplasty Society of North America (past member)
- American Academy of Otolaryngology Head and Neck Surgery (AAOHNS-past member)
- Fellow, American College of Surgeons (FACS)
- Fellow, International College of Surgeons (FICS)
- The American Medical Association
- Texas Society of Plastic Surgeons
- Texas Medical Association
- Louisiana Medical Association (past member)
- Houston Society of Plastic Surgeons (past president 2000-2001)
- Harris County Medical Society

Medical & Academic Acknowledgements

- President, Houston Society of Plastic Surgeons, 2001
- More than 150 articles, presentations and chapters on liposuction, breast enhancement and facial rejuvenation
- AMA - Physician Recognition Award
- American Association for Accreditation of Ambulatory Surgery Facilities (AAAASF) Safety Inspector, operating rooms, 1996
- Active on two breast implant research teams
- Lifetime appointment - Stratenburg's Who's Who
- Lifetime appointment - Registered Listed in Who's Who in Medicine
- Chief, Plastic Surgery Division, Sharpstown General Hospital, 1994-1996
- Officer, Houston Society of Plastic Surgery
- Listed in the ABMS Directory of Board Certified Medical Specialists
- Laser Safety Officer, 1995-1996
- Chief, Department of Surgery, Sharpstown General Hospital, 1994-1996
- Chief Resident, St. Joseph Plastic Surgery, 1991
- Chief Resident, Tulane, Head and Neck Surgery, 1989
- Officer, Ochsner Resident Program
- President, Senior Medical School Class, LSU, 1984
- Aesculapian Honor Board, LSU Medical School
- Mortar Board Honor Society, LSU, 1980

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